

EPP/Lucy Boston Workshop Supply List

Melinda Stanton
Instagram @mgstanton
Facebook- Melinda Stanton, Quilter
melstan3@yahoo.com

I have kits selected and made up (Cost of kit is \$15); you can view them on my Facebook page. (@MelindaStantonQuilts) Click "photos," and the numbered kits with a demo block from each kit are in the album called "Lucy Boston Kits." Remember you can get a wide variety of cuts from the same kit, and almost always at least 2 blocks! Choose colors that you like.

Email me with kits and/ or fabrics you'd like; I'll send a Paypal invoice which you can pay with your own Paypal or credit card, and get them to you within a few days. Postage is \$8.95 for 4 fat quarters. If I am visiting your guild in person, I will bring my fabrics; you can email me to hold the ones you like for you if you'd like! I have a limited amount and they will be changing as I run out of some and add others.

To whet your appetite you can look at "Lucy Demos" and if you want to look at the fabrics individually, look at "Lucy Fabrics."

Required supplies

- [Fabric glue stick and refills](#) -- Sewline and Bohin are good brands.
- As small a needle as you can thread and is comfortable for you to use. I use John Jacobs [size 11 milliners](#).
- Fine thread, either to match your fabrics, or light/medium/dark neutrals. Because of the disappearing stitch we'll do, you don't *have* to match your thread color. I like Aurifil 50 weight.
- [1" Honeycomb acrylic template](#) and [1" honeycomb EPP papers](#) (If your local quilt store doesn't carry them, www.AlewivesFabrics.com or www.PaperPieces.com are good places to find them.)
- Some kind of marking utensil. It won't show, so depending on the value and texture of your fabric, you can use a Frixion pen, a ball-point, chalk pencil, mechanical pencil, etc. I keep all those in my Lucy bag.
- An index card or the card in your EPP papers. I'll ask you to cut it so bring paper scissors if you're particular about your KKB scissors!

Things that will make this process easier and that I recommend and use:

- A fussy cutting or "Magic" mirror. I *almost* put this on the required part.
- Karen Kay Buckley Perfect scissors - I use the big purple ones but any size will do. The sharp point and serrated edge are what makes them great for fussy cutting.
- A 12" square of batting or a 1-block design board-- it really helps with layout.
- A needle threader if you need one
- Strong reading glasses!

- A task light for strong direct light

Common things advertised for use with Lucy that I personally don't think you need:

- A Lucy Boston book - there really isn't a how-to one that I'm aware of.
- An acrylic fussy-cut finder

Lucy Boston is all about the fabric!

A large part of our workshop will be learning to find good fabrics for fussy cutting, or as I call it, developing your "Lucy Eye." 4 fat quarters of the right fabric are plenty, but the wrong fabric can make it so much harder and you won't get as good a result, then you might think you hate EPP. ***I HIGHLY recommend getting a kit*** for your first few blocks. The time it will save in class will be worth it.

I love Alewives Fabrics in Maine; that's where I "met" Lucy, and they are great enablers, I mean suppliers of all things Lucy and EPP in general. You can order EPP notions, Lucy supplies, and they have the most wonderful Lucy fat quarter kits! They release a new one every Sunday and they sell out quickly. www.AlewivesFabrics.com

If you want to bring your own fabric, bring at least 4 fat quarters that -

- Have coordinating colors
- Have strong lines or geometric figures
- Have mirror images or symmetry
- Have at least 8 motif repeats

Tula Pink, Anna Maria Horner, QT Fabrics tend to have really good ones. Check out my Instagram and Facebook page to get a good idea. If you're on Instagram, search "Lucy Boston" and you'll find many many beauties! There are a couple of Facebook groups too. If you "like" my FB page (Melinda Stanton, Quilter), tell me hello and that you're a Guild member!